



WYBOSTON LAKES

RASUL experience

*Soothe Me
Awaken Me
Balance Me*

Body scrubs, gels,
creams, lotions &
temple balms to refresh,
nourish or de-stress.



Rasul Experience

Couples 50 mins **£45 per person** - Singles 40 mins **£55 per person**

Choose from one of the following experiences ...

Soothe Me

This treatment is ideal for those with sensitive or dry skin such as Eczema; the Skin Nourishing Body Scrub is applied to the whole body before showering off with Skin Nourishing Shower Cream. Warmed Japanese Camellia Oil and Skin Nourishing Milk Bath is drizzled over the body before relaxing in the Rasul chamber where our deeply relaxing Quiet Mind Temple Balm is applied. To finish Skin Nourishing Body Lotion is applied in a Hawaiian Wave to leave the skin healed, smooth and soothed.

Awaken Me

This detoxifying and firming treatment is ideal for those in need of an energy boost; Refreshing Devils Mint Body Scrub is applied to the body before an invigorating shower with either Sharp Shower or Revitalise Me Shower Gel. The Elemis Quiet Mind Temple Balm is applied allowing the body to relax increasing the powerful detoxing effects of Cellutox Active Body Concentrate while you enjoy the warmth of the Rasul. Sluggish systems will be stimulated and energised, enhancing the firming benefits of the final application of Body Sculpting Serum and Body Sculpting Cream.

Balance Me

This treatment is ideal for those who need to de-stress their minds and rebalance their bodies systems; Tranquil Touch Body Scrub is applied to the skin delivering powerful essential oils before the relaxing shower with Tranquil Touch Shower Cream. Feel the body relax and let go with the application of De-stress Massage Oil and Quiet Mind Temple Balm before rebalancing the skin's protective layer with Skin Nourishing Milk Bath. Enjoy deep levels of relaxation as the body is warmed to the core in your own private steam room, the Rasul. To complete your journey Tranquil Touch Body Lotion is applied.

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Guests must be over 18 years of age

Located midway between Cambridge and Milton Keynes

 facebook.com/yspauk
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