

CREATE A SPARTY

In a study from Deloitte, 68% of employees said that working on their wellbeing is more important than advancing their careers.

DONT BE SHY, FOLLOW US

OYG

@WybostonLakes I with the second s



Elevate Employee Wellbeing with Y Spa

According to the <u>Mental Health Foundation</u>, 1 in 6.8 people experience mental health problems in the workplace (14.7%).

Our exclusive spa hire packages are designed to add a touch of wellness to your corporate event.

Package Highlights: Exclusive Use of Y Spa

- Immerse yourself in the Thermal Spa with access to all relaxation rooms and Thermal areas.
- Soak in the tranquillity of our outdoor pool and spa garden.
- Enjoy the comfort with robes and towels.
- Convenient access to changing rooms.

Hydromassage Experiance

Bookable Hydro-Massage sessions are available for 20 minutes each, subject to availability and prepayment.

£15.85 + VAT per person





Mindful Wellness Sessions

Half-Day Session

Enhance your delegates' pre and post-conference experience with a touch of mindful wellness.

Hire the spa for a three hour session on either a Tuesday or Wednesday and enjoy the use of the hydrotherapy pool as well as the heat and relaxation rooms. You can choose to host fifty people in a three-hour session, or you have the option to upgrade and accommodate one hundred people across two sessions.

3 hour session: from £3,125 +VAT

3 hour sessions x2: from £4,792 +VAT

Full-Day Session

This package provides exclusive spa access from 09:00 to 18:00. By segmenting the day into four spa sessions, it can host up to 200 delegates, with each participant enjoying a two-hour session.



Maximum number of guests: 50

Wvbston Lakes

Optional Extras

Food Package

- Sundried tomato and basil arancini
- Salt and pepper squid
- Red pesto halloumi bites
- Marinated olives
- Sweet potato falafel bites
- Selection of mini cakes and fruit skewers
- House salad
- French fries
- Selection of dips

Please let us know of any dietary requirements and we will be able to adapt menus to your requirements.

£6.04 + VAT

£32.50 + VAT

£25.00 + VAT

£16.25 + VAT

£16.25 + VAT

£20.85 + VAT

Drink Packages

- Prosecco or Mocktail on arrival
- Bottle of Prosecco
- Bucket of beers for 6 persons (6x bottles of Peroni)
- Non-alcoholic bucket for 6 persons
- No and Low bucket for 6 persons (2x Fruit Ciders, 2x San Miguel 0% and 2x Brewdog)





Like what you see? Get in touch! 0333 7007 667

Terms & Conditions

- Strictly over 18's only.
- Alcohol consumption is limited.
- Treatments are not available for booking.
- Private hire must be booked 12 weeks in advance.
- Hydro-Massage pre-booking required, subject to availability.
- Full names of all guests required for health questionnaire completion.
- Y Spa Bistro closed; only pre-booked items served with the hours contracted.
- No outside food or drinks are allowed on the premises; items may be confiscated.
- Optional extras must be pre-booked at least 14 days prior to arrival or 6 weeks for full takeovers.