

Wyboston Lakes Health & Leisure Club

October 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06:00-09:30 Adult Swim 09:30-12:00 Little Aqua & Family Swim 12:00-15:00 Adult Swim 15:00-18:30 Little Aqua & Family Swim 18:30-19:15 Adult Swim 19:15-20:00 *AQUA CLASS* 20:00-21:45 Adult Swim	06:00-09:00 Adult Swim 09:00-11:30 Family Swim 11:45-12:30 *AQUA CLASS* 12:30-15:00 Adult Swim 15:00-18:30 Little Aqua & Family Swim 18:30-21:45 Adult Swim	06:00-9:30 Adult Swim 09:30-12:00 Little Aqua & Family Swim 12:30-13:15 *AQUA CLASS* 13:15-15:00 Adult Swim 15:00-18:30 Little Aqua & Family Swim 18:30-21:45 Adult Swim	06:00-9:30 Adult Swim 09:30-12:30 Family Swim 12:30-15:00 Adult Swim 15:00-18:30 Little Aqua & Family Swim 18:30-21:45 Adult Swim	06:00-9:30 Adult Swim 09:30-12:00 Little Aqua & Family Swim 12:00-12:45 *AQUA CLASS* 12:45-15:00 Adult swim 15:00-18:30 Little Aqua & Family Swim 18:30-20:45 Adult Swim	07:00-09:00 Adult Swim 09:00-13:00 Little Aqua & Family Swim 13:00-14:00 Adult Swim 14:00-16:45 Little Aqua & Family Swim 17:00-19:00 LITTLE AQUA ONLY	07:00-09:00 Adult Swim 09:00-13:00 Little Aqua & Family Swim 13:00-14:00 Adult Swim 14:00-16:00 Family Swim 16:00-16:45 Adult Swim
<p>Child safety in the pool</p> <p>The responsible adult must decide what level of supervision each child needs in the light of their swimming ability, the water depth and features of the swimming pool. As a minimum, children under 8 must be accompanied in the water at all times by a parent or adult over the age of 18. One adult may accompany and fully supervise no more than two children under the age of 8. No one under the age of 8 must enter these areas. This is for their own health and in line with guidelines.</p>						



For more information about swim sessions at 1Life visit 1Life.co.uk



To view and download this timetable online please scan this QR code.

For swim information or available spaces on swimming lessons register now on **01480 403233** or online via 1Life.co.uk/lessons Or visit **Great North Road, Wyboston MK44 3AL**

This facility is managed by 1Life.

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