

TRADITIONAL GREEK HUMMUS AND DIPPING OILS (VE) 3.50  
focaccia, baked ciabatta sticks

## APPETISERS

GARLIC & HERB MARINATED OLIVES (VE, GF) 3.50

### STARTERS

VELVETY CHICKPEA SOUP (VE, GF) 4.50  
socca croutons

*Did you know?*  
Socca is a chickpea pancake delicacy from the South-East of France, particularly around Nice. It's said that the batter was first created to pour on the heads of the invading Turkish army in the 1540's after the Niçois army ran out of ammunition.

BUFFALO MOZZARELLA & VINE TOMATO (V, GF) 5.95  
extra virgin basil oil, balsamic reduction

GARLIC PIZZA BREAD (V) 4.50  
garlic butter

CHARRED BRUSCHETTA (VE) 4.95  
warm ciabatta, roasted Mediterranean vegetables and rich ragu sauce

KING PRAWNS (GF) 6.95  
garlic & herb butter  
**Try this with a refreshing glass of our bubbly organic prosecco 7.50 (125ml)**

LEMON, GARLIC, ROSEMARY & THYME MARINATED CHICKEN WINGS (GF) 6.95  
fresh tomato & basil salsa

### PIZZA

#### FRESH FROM THE CLAY OVEN

MARGHERITA PIZZA (V) 10.50  
tomato sauce, mozzarella, Parmesan, basil

SICILIAN PIZZA 12.95  
mozzarella, salami, pepperoni

GREEK PIZZA (V) 12.95  
feta, olives, red onion, peppers

SPANISH PIZZA 12.95  
chorizo, chilli, Manchego cheese, sun blushed tomatoes

**Gluten free pizza and vegan cheese available, please ask your server**

### SIDES

ROASTED MEDITERRANEAN VEGETABLES (VE, GF) 3.50

ROCKET & PARMESAN SALAD (V, GF) 3.50

SWEET POTATO FRIES (VE, GF) 2.95  
rock salt

GARLIC FINE BEANS (VE, GF) 2.95  
flaked almonds

SKINNY FRIES (VE, GF) 2.95

### PASTA & SALAD

CANNELLONI (VE) 10.50  
roasted Mediterranean vegetables, rich ragu sauce, baked in the clay oven

CARBONARA LINGUINE 12.50  
lardons of smoky bacon, Portobello mushroom, white wine

LAMB & PORK MEATBALLS 12.95  
rigatoni pasta, roasted tomato sauce, rocket and Parmesan

OPEN LASAGNE 12.95  
slow cooked beef ragu, fresh lasagne, Pecorino béchamel sauce, shaved Parmesan and rocket

**Paired perfectly with our smooth Italian Chianti 6.50 (175ml)**

GREEK FETA SALAD (V, GF) 11.95  
baby gem lettuce, cherry tomatoes, cucumber, green peppers, red onion, olives, feta cheese, lightly dressed with olive oil

CHARGRILLED CHICKEN BREAST (GF) 13.95  
roasted Mediterranean vegetables, sun blushed tomatoes, pesto dressing and herb roasted new potatoes

LEMON & HERB ROASTED COD LOIN (GF) 12.50  
mediterranean vegetables and sautéed new potatoes

GRILLED FILLET OF SEA BASS (GF) 15.95  
tomato, onion & new potato salad, fine beans

8OZ SIRLOIN STEAK 25.95  
grilled vine tomatoes, Birra Poretti onion rings, skinny fries, peppercorn or blue cheese sauce

### FROM THE GRILL

CHARGRILLED CHICKEN & CHORIZO KEBAB £14.50  
on red onions, courgettes & mixed peppers with braised savoury rice, charred flatbread, tzatziki and tomato & onion salad

WOODLANDS BURGER 13.95  
Prime Woburn Farm beef burger, crispy serrano ham, Manchego cheese, lettuce, beef tomato and burger relish, served on toasted brioche with skinny fries

### DESSERTS

RASPBERRY CHEESECAKE (V) 5.95  
macerated summer berries

TRADITIONAL TIRAMISU (V) 5.95  
coffee soaked sponge, Marsala wine

THE OLIVE CHEESE BOARD 7.95  
Manchego cheddar, soft creamy Dolcelatte, Brebis Al Romero and French brie, bread crackers, chutney, sweet peppers & sundried tomatoes

SICILIAN LEMON TART (V) 6.25  
lemon mascarpone

GELATO/SORBET (V, GF) 4.50  
two scoops of gelato or sorbet, please ask for today's flavours (vegan flavours available)

**Please ask your server for our vegan dessert of the day**