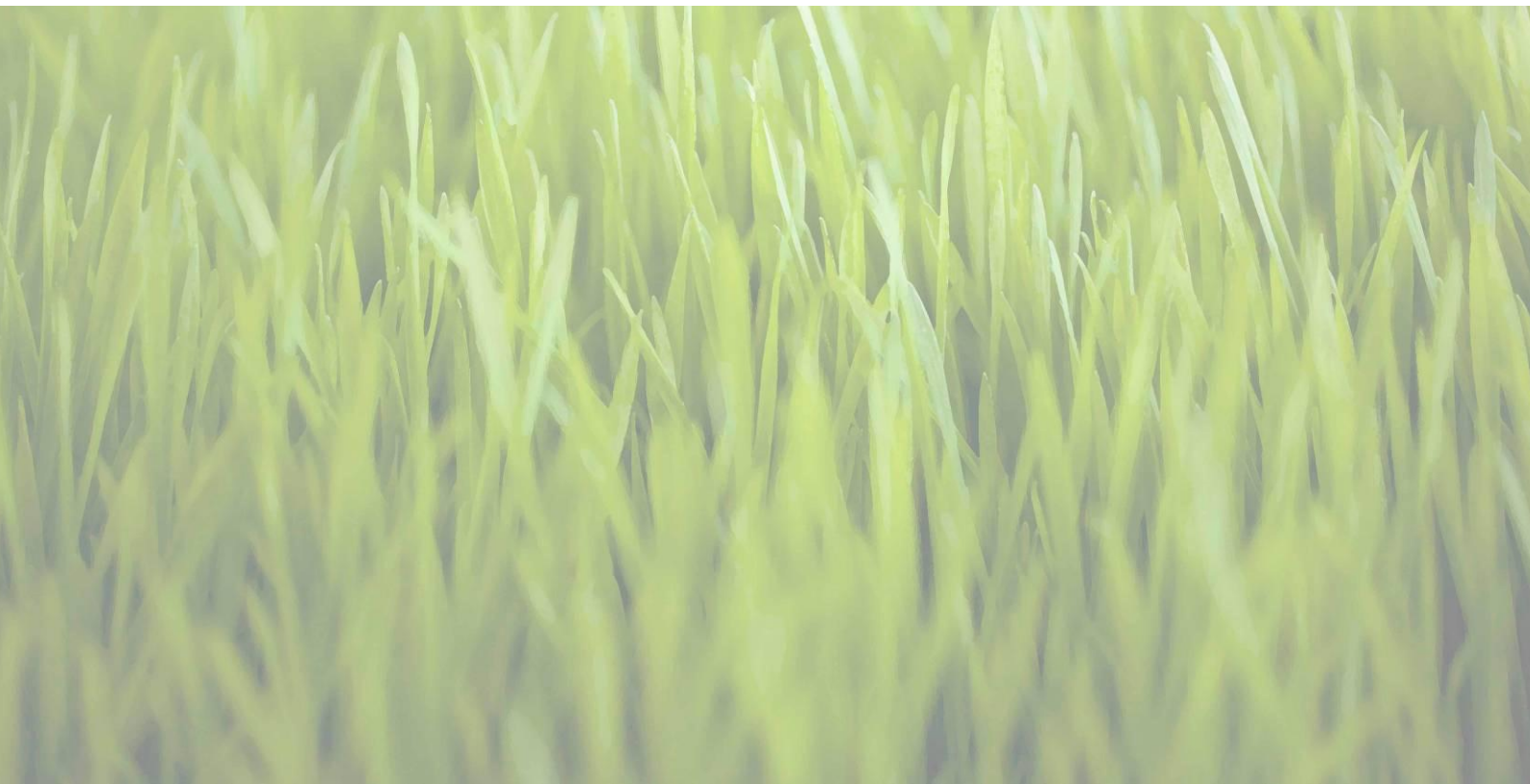


# LEISURE ACTIVITIES

Creating Lasting Impressions

Quick Guide Factsheet



# LEISURE ACTIVITIES

## Creating lasting impressions

Nestled within 350 acres of rural countryside, alongside the meandering River Great Ouse, Wyboston Lakes is one of the UK's largest, independent destinations; situated on the A1[M], easily accessible and conveniently positioned between Bedford, Cambridge and Peterborough.



Foremost a conference, meeting, training and event venue, offering clients a space to realise their potential - we can deliver a choice of environments; the latest IT or AV equipment; as well as advisory and support services that will impress.

We also offer great hospitality; with an AA Rosette winning restaurant overlooking the lake; spacious lounge bar areas; comfortable hotel accommodation, with the latest services; superb food from award-winning chefs; and atmospheric private dining or event spaces.



In addition, Wyboston Lakes presents a wide range of activities to enhance your visit, ranging from: an 18 hole, par 70 golf course set beside the beautiful lakes; a health club featuring the latest equipment, an exercise studio and wet area; as well as a land and watersports centre for individual or group experiences.



### Quick Guide Facts

- Over 5,500m<sup>2</sup> of venue space with ample parking
- 3 distinct venue centres for either day or residential use
- Over 400 ensuite rooms with modern facilities and services
- AA Rosette restaurant and bar with lakeside setting
- 18 hole, par 70 golf course with 14 bay driving range
- Health and Fitness Club, with 70 state-of-the-art stations and wet area
- Land and Watersports Centre with 2 lakes

# LEISURE ACTIVITIES

## Harpers Health and Fitness Club

Work it out in Harpers gym and exercise studio featuring the latest equipment. To chill out, hit the pool or head to the Jacuzzi, sauna and steam rooms. Why not treat yourself to a revitalising massage or a beauty treatment from The Beauty Clinic? If you want a one-to-one training session, our personal trainers will put you through your paces and help you to achieve your fitness goals.



## Wyboston Golf Course

Our 18 hole, 70 par golf course is perfect for the complete novice to the experienced golfer. With golf Professionals at hand to offer one-to-one lessons or a 14 bay all weather, flood lit driving range to practise your technique - this is 'pay and play' golf beyond expectations.

## Nature Reserve

The Begwary Brook Nature Reserve offers attractive marsh and open pools, next to the meandering River Great Ouse. Riverside marshes such as this are now rare because of large scale drainage



This area was once a large marsh fed by the River Ouse, but in the 1960s gravel extraction created a small lake and a series of pools in the small area of marsh which survives today. In summer, dragonflies and damselflies hawk over the marsh, looking for an easy meal.

- **Winter:** reed bunting and foxes
- **Spring:** marsh marigold, cuckoo flower, orange tip butterflies, sedge, reed/willow warblers, and blackcaps
- **Summer:** wild angelica, purple loosestrife, marsh woundwort, grass snakes and kingfishers
- **Autumn:** goldcrests

## Lakes and Watersports Centre

If you're looking for a rush, or some easy-going fun, check out our land and watersports centre. From jet skiing to water skiing, to quad biking or 4X4 off road experiences - we have something for the adrenaline junkies and the more laid-back!



### Water Activities

- **Jet Bikes:** sit-on, Yamaha wake runners
- **Water Skiing:** beginner with tow-bar or advanced slalom / tricks
- **Aqua Sausage:** five man ocean riders

### Land Activities

- **Quad Bikes:** four wheel, Yamaha breeze motorbikes and a tight circuit
- **Segways:** two wheel, giro operated, Segway machines and an obstacle course
- **4 x 4 Off Road:** Land cruiser and changing terrain - bends, hills, descents and water splash.
- **Archery:** longbow archery and one-to-one tuition
- **Crossbow:** crossbow and one-to-one tuition
- **Clay Pigeon:** laser operated for individual or team competitions
- **Rifles:** air pistol with targets for individual competitions

Our multi-activity centre is an ideal venue for organisations, societies and groups looking for either exclusive use or shared facilities and can cater for parties of five to 3000+. The acres of countryside and lakes have a relaxed, earthy atmosphere - and are reminiscent of an easy-going, beach-resort venue.

- **The Clubhouse:** lakeside terrace, marquee, lounge and bar
- **The Green:** open space for tournaments, festivals and challenges
- **Activity Lake #1:** Waterskiing / Wakeboard / Aqua Sausage
- **Activity Lake #2:** Jet Ski & Jet Bikes
- **4 X 4 Track:** course with water, climbs, bends and mud!
- **Circuit Track:** tyre mapped circuit, quad bike or Segway course
- **The Range:** archery, rifles, cross-bows and clay pigeon

Need something a little special to bring the team day together? We want you to use this space to realise that team potential; we have years of experience in bringing out the best.

- **Dragon Boat Racing:** 22 man, Hong Kong style, boat plus drummer (lessons, practice and head to head)
- **Fire Engine Challenge:** become a fire-fighting unit in 25mins on a fully quipped fire-engine
- **Human Football:** five-a-side inflatable football
- **It's a Knock-Out:** inflatable assault course - also a great show for non participants
- **Raft Building:** design and build on land, with barrels, poles and rope - then test speed or distance

## Fishing

### The South Lagoon

(Members and Day-Tickets: 28 Pegs on the lake: Night Fishing is permitted: Open All Year: 2 rod Max.) The lake is home to most species of fish with Bream to double figures and if you hit a shoal bag of 100lb plus have been reported. There are also tench to 10lb+, perch to 4lb, roach of 1-2lb, pike to 32lb, zander to 16lb+, carp to 33lb. There is also a rumour of a 39lb mirror carp.



### The River Great Ouse

(Members and Day-Tickets: 15 Pegs on the lake: Night Fishing is permitted: Close Season 15 March to 15 June inclusive.) There have been many double figure carp taken from the upstream end of the fishery and chub are regularly taken often with multiple catches of fish of 5-6lb being reported.

- **Adult:** Day £6.00 and Night £10.00
- **Concession:** (Under 16 yrs, OAP and Disabled) Day £3.00 and Night £5.00.
- **Booking:** Luton Angling Club
- **Bailiffs:** Terry Willison and Fred Hodson

## Sightseeing

Wyboston Lakes, conveniently located midway between Cambridge and Bedford, is the perfect base for a discovering the secrets of Cambridgeshire and Bedfordshire.

- **Heritage:** Knebworth House, Wimpole Hall or Hatfield House
- **Active:** Whipsnade Park, Snow and Ski Dome, Woburn Safari Park or Grafham Water
- **Interest:** Duxford Imperial War Museum, Bletchley Park, the Shuttleworth Collection Old Warden Park, Swiss Garden
- **Sightseeing:** Bedford, Cambridge or Peterborough

# LEISURE ACTIVITIES

## Accommodation at the Wyboston Lakes Hotel

Offering more at an exceptional price, The Wyboston Lakes Hotel makes the perfect destination for visitors to the area of Bedford, Cambridge or Peterborough. As well as lots to do in the region, Wyboston Lakes offers a wide range of activities for you to enjoy and the flexibility to have it, just as you want it.



With 103 ensuite bedrooms offering modern facilities, The Wyboston Lakes Hotel is more than just rooms. Equipped with current amenities, you'll experience friendly staff, a comfortable stay, fresh food and great value for money.

- **The Hotel:** standard or executive ensuite bedrooms (single or double occupancy)
- **Waterfront Restaurant & Bar:** award-winning chefs, lakeside views and atmospheric “zoned” spaces
- **Business Centre:** office space, meeting room and business services available 24/7
- **Venue Suite:** 5,500 M<sup>2</sup> event and private dining space
- **Connect:** FREE shared wireless 100Mb



Whatever you need our team will strive to exceed your expectations - room only or bed & breakfast; afternoon tea by the lakes; a relaxed meal with friends; or an intimate private dining experience.



## Standard Accommodation

All of our bedrooms are tastefully decorated providing a warm and cheerful environment to make you feel at home. In addition, they are extremely well soundproofed, ensuring that you get a good night's sleep.

- **Sleep:** double bed, contemporary furnishings with sound insulation
- **Comfort:** individual heat control
- **Relax:** ensuite bathroom and complimentary toiletries
- **Unwind:** 21" flat screen with 'Freeview' channels
- **Refresh:** tea and coffee facilities
- **Dress:** hairdryer, iron and ironing board
- **Groom:** well-lit dresser and mirror
- **Chat:** Telephone
- **Secure:** site security, gadget and valuables safe
- **Extras:** dry cleaning, in room add-ons or experiences for an additional charge
- **Surf:** FREE shared wireless 100Mb
- **Park:** FREE ample parking
- **Store:** FREE luggage storage



## Executive Accommodation

These rooms have a contemporary style of décor and a higher standard of furnishings. Our executive double rooms offer a king size bed for that perfect night's sleep, and we also offer guests the choice of executive twin and triple rooms. Executive Rooms enjoy all the benefits of a standard room PLUS ...

- **Rest:** larger beds, chairs and table
- **Comfort:** lounge space and higher standard of furnishing



## Waterfront Restaurant & Bar

The Waterfront Restaurant offers something for everyone; whether you want afternoon tea, a social lunch with friends or an intimate dinner for two - experience fresh food, comfort and a gorgeous design overlooking the beautiful Wyboston Lakes. You can choose an atmospheric space and service that suits you ... this is your time, after all.

The restaurant is a la carte throughout lunch and evening service and our friendly, efficient hospitality team will ensure you receive a first class meal, even if you have a busy day. The menu offers a wide range of contemporary eclectic dishes supported by "Specials" prepared daily. Sunday Lunch is also available in the Waterfront Restaurant.



The decor is modern, yet non-imposing and our panoramic windows offer spectacular views of the lake and fountains. The bar has deep set chairs and booths, coupled with lounge tables for easy eating; whereas the restaurant offers hessian chairs and dark panelled tables for a more formal experience. Low lighting and soft music create great ambience and really set the tone.

The Waterfront bar has a cosy, laid back atmosphere to it, with big screen TV's showing the latest Sky sports channels and an all day easy eating menu designed for the more nonchalant business lunches.



|  |             |               |
|--|-------------|---------------|
| <b>Breakfast (English and Continental)</b> | (Mon – Fri) | 07:00 – 09:00 |
|  | (Sat & Sun) | 07:00 – 10:00 |
| <b>Golfer's Menu</b>                       | (Mon - Sun) | 07:00 – 16:00 |
| <b>Easy Eating Menu</b>                    | (Mon – Sun) | 07:00 - 21:30 |
| <b>Waterfront Restaurant</b>               | (Tue – Sat) | 12:00 - 14:30 |
|  | (Mon – Sun) | 18:30 – 21:30 |
|  | (Sun)       | 12:00 - 15:30 |

# LEISURE ACTIVITIES

## Travel Information

### By Rail

The nearest rail station to Wyboston Lakes is St. Neots, on the First Capital Connect on the Great Northern Line, a 48 minute journey from London King's Cross. St Neots and Sandy Train Stations are only a 10 minute drive away.

### Road : from North or South

Leave A1 at A428 junction (signposted Cambridge) just South of St. Neots. From North, take third exit at roundabout. From South, take fourth exit at roundabout (back towards A1). Entrance to Wyboston Lakes is 60 yards on the left.

### Road : from East

A428 (from Cambridge and M11) before A1 junction, take first exit at roundabout. Entrance to Wyboston Lakes is 60 yards on the left.

### Road : from West

A421 (from Bedford), join A1 North. Leave at A428 junction (signposted Cambridge) just South of St. Neots. Take fourth exit at roundabout (back towards A1). Entrance to Wyboston Lakes is 60 yards on the left.

### Address

- Wyboston Lakes  
Great North Road  
Wyboston  
Bedfordshire  
MK44 3AL

### Taxi Companies

- Consort Taxis  
+ 44 (0)1480 380 545
- Steve's Taxis  
+ 44 (0)1480 215 666
- Anglian Taxis  
+ 44 (0)1480 475 222

### Airports

- Luton Airport  
45 minutes
- Stansted Airport  
45 minutes
- Heathrow Airport  
1.5 hours

# LEISURE ACTIVITIES

## 0333 7007 667

### Getting in touch

“ ... we will always look after our customers and exceed their expectations, so that we are their first choice and they unreservedly recommend us to others ...”

### Sales and Reservations [option 1]

Conference, training, meetings and Christmas parties  
Hotel Reservations, short breaks and social Events  
Private Events and Weddings  
Waterfront Restaurant & Bar

### Wyboston Lakes Golf Course [option 2]

Golf Pro Shop  
Tee Times  
Golf Societies and Groups  
Season Tickets

### Management and Accounts [option 3]

### Other Enquiries [option 4]

### 0333 Numbers

The same cost as a Landline Number BUT the price is also the same for calls from Mobile Phones.

### Dialling from outside the UK

Please call +44 (0)1480 212625.

### Address

- Wyboston Lakes  
Great North Road  
Wyboston  
Bedfordshire  
MK44 3AL

### Hotel Reservations

- 0333 7007 667  
reservations@wybostonlakes.co.uk  
8.00am to 10.00pm GMT/BST  
364 days a year

### Event Reservations

- 0333 7007 667  
sales@wybostonlakes.co.uk  
8.30am to 5.30pm GMT/BST  
Monday - Friday

### Website

- [www.wybostonlakes.co.uk](http://www.wybostonlakes.co.uk)